



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. **This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, <https://allstatevoluntary.com/fullyinsured/index.php> or call 1-800-323-3049. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary> or call 1-800-323-3049 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|---|--|
| What is the overall deductible? | For participating providers \$9,200 individual/\$18,400 family; For non-participating providers \$18,400 individual/\$36,800 family. | Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible . |
| Are there services covered before you meet your deductible? | Yes. Preventive care and primary care services are covered before you meet your deductible . | This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | No. | You don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan? | For participating providers \$9,200 individual/ \$18,400 family; for non-participating providers \$27,600 individual/ \$55,200 family. | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met. |
| What is not included in the out-of-pocket limit? | Premiums , balance-billing charges, penalty for not obtaining Preauthorization and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit . |
| Will you pay less if you use a participating provider? | Yes. See https://allstatevoluntary.com/fullyinsured/providerdirectory/ or call 1-800-323-3049 for a list of participating providers . | This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an non-participating provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your participating provider might use a non-participating provider for some services (such as lab work). Check with your provider before you get services. |
| Do you need a referral to see a specialist? | No. | You can see the specialist you choose without a referral . |



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|--|---|---|--|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$50 copay /office visit; deductible does not apply | 30% coinsurance | Copay applies to exam charge only. Does not include office surgery. |
| | Specialist visit | \$100 copay /visit; deductible does not apply | 30% coinsurance | Copay applies to exam charge only. *See section in Plan Certificate on the Medical Benefits for other services. |
| | Preventive care/screening/immunization | No charge | 30% coinsurance | As required under the Affordable Care Act (ACA), cost sharing does not apply to identified clinical preventive services . Any other preventive medicine services covered under your plan are subject to deductible and coinsurance . You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |
| If you have a test | Diagnostic test (x-ray, blood work) | Covered at 100% after deductible is met. | 30% coinsurance | None |
| | Imaging (CT/PET scans, MRIs) | Covered at 100% after deductible is met. | 30% coinsurance | Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at https://www.cigna.com/static/www-cigna-com/docs/individuals-families/member- | Generic drugs (Tier 1) | \$25 copay /prescription retail/75 copay /prescription mail-order. Deductible does not apply | Not covered | When a generic is available, pay the difference between the Brand and Generic contracted rate. Covers up to a 30-day supply (retail prescription); 31-90-day supply (mail order prescription). |
| | Preferred brand drugs (Tier 2) | \$75 copay /prescription retail/225 copay /prescription mail-order. Deductible does not apply | Not covered | When a generic is available, pay the difference between the Brand and Generic contracted rate. Covers up to a 30-day supply (retail prescription); 31-90-day supply (mail order prescription). |

* For more information about limitations and exceptions, see the plan or policy document at <https://allstatevoluntary.com/fullyinsured/index.php>.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|--|--|--|--|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| resources/prescription/legacy-performance-4-tier.pdf | Non-preferred brand drugs (Tier 3) | \$150 copay /prescription retail/450 copay /prescription mail-order. Deductible does not apply | Not covered | When a generic is available, pay the difference between the Brand and Generic contracted rate. Covers up to a 30-day supply (retail prescription); 31-90-day supply (mail order prescription). |
| | Specialty drugs (Tier 4) | Covered at 100% after deductible is met. | Not covered | Preauthorization is required. Benefits will not be covered unless they have been authorized by the Plan . *See sections in Plan Certificate on Medical Benefits and Outpatient Prescription Drug Benefits for additional details. |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | Covered at 100% after deductible is met. | 30% coinsurance | Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. |
| | Physician/surgeon fees | Covered at 100% after deductible is met. | 30% coinsurance | |
| If you need immediate medical attention | Emergency room care | Covered at 100% after deductible is met. | Covered at 100% after deductible is met. | Non-emergency use will result in a reduction of charges. |
| | Emergency medical transportation | Covered at 100% after deductible is met. | Covered at 100% after deductible is met. | To the nearest Acute Medical Facility that can treat the sickness or injury. |
| | Urgent care | \$75 copay /visit; deductible does not apply | 30% coinsurance | None |
| If you have a hospital stay | Facility fee (e.g., hospital room) | Covered at 100% after deductible is met. | 30% coinsurance | Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. For transplant services that are not preauthorized, benefits will be reduced by 50% of the otherwise Covered Charges. |
| | Physician/surgeon fees | Covered at 100% after deductible is met. | 30% coinsurance | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | \$50 copay /office visit; deductible does not apply | 30% coinsurance | Copay applies to exam charge only. |
| | Inpatient services | Covered at 100% after deductible is met. | 30% coinsurance | Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by |

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| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|---|---|---|--|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| | | | | 30%, but by no more than \$1,000 per course of treatment. |
| If you are pregnant | Office visits | \$100 copay /visit; deductible does not apply | 30% coinsurance | Copay applies to exam charge only. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). *See section in Plan Certificate on Medical Benefits for other services. |
| | Childbirth/delivery professional services | Covered at 100% after deductible is met. | 30% coinsurance | None |
| | Childbirth/delivery facility services | Covered at 100% after deductible is met. | 30% coinsurance | None |
| If you need help recovering or have other special health needs | Home health care | Covered at 100% after deductible is met. | 30% coinsurance | Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. Limited to 100 visits per year. Limit does not include visits for Home Infusion Therapy or Private Duty Nursing. |
| | Rehabilitation services | Covered at 100% after deductible is met. | 30% coinsurance | Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. Outpatient limit of 20 visits per year for physical therapy (PT). Limit of 20 visits per year for occupational therapy (OT). Limit of 20 visits per year for speech therapy (ST). Limit of 36 visits per year for cardiac rehabilitation. Limit of 20 visits per year for pulmonary rehabilitation. Inpatient Rehabilitative services are limited to a combined maximum benefit of 60 days each Year. |
| | Habilitation services | Covered at 100% after deductible is met. | 30% coinsurance | Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. Combined limit of 40 visits per year for PT/OT/ST. |
| | Skilled nursing care | Covered at 100% after deductible is met. | 30% coinsurance | Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by |

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| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|---|--|--|---|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | |
| | | | | 30%, but by no more than \$1,000 per course of treatment. Maximum Benefit of 90 days per year. |
| | Durable medical equipment | Covered at 100% after deductible is met. | 30% coinsurance | Preauthorization is required for amounts greater than \$1,500. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. |
| | Hospice services | Covered at 100% after deductible is met. | 30% coinsurance | Preauthorization is required. If not received, benefits will be reduced for otherwise Covered Charges by 30%, but by no more than \$1,000 per course of treatment. |
| If your child needs dental or eye care | Children's eye exam | No charge | 50% coinsurance . Deductible does not apply | Limited to 1 exam per year. Please visit www.vsp.com/advantageonly or call 1-800-877-7195 to locate a participating provider . |
| | Children's glasses | No charge | 50% coinsurance . Deductible does not apply | Limited to 1 exam per year. Please visit www.vsp.com/advantageonly or call 1-800-877-7195 to locate a participating provider . |
| | Children's dental check-up | No charge | No charge | Limited to 2 exams per year. |

Excluded Services & Other Covered Services:

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .) | | |
|---|---|---|
| <ul style="list-style-type: none"> Acupuncture Cosmetic surgery Dental care (Adult) Hearing Aids | <ul style="list-style-type: none"> Infertility treatment Long-term care Non-emergency care when traveling outside the U.S. | <ul style="list-style-type: none"> Routine eye care (Adult), except for treatment of diabetes Routine foot care, except for treatment of diabetes Weight loss programs |

| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.) | | |
|--|---|--|
| <ul style="list-style-type: none"> Bariatric surgery | <ul style="list-style-type: none"> Chiropractic care, limit of 12 visits per year. | <ul style="list-style-type: none"> Private Duty Nursing, limit of 82 visits per year. |

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the [plan](#) at 1-800-323-3049 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a

* For more information about limitations and exceptions, see the plan or policy document at <https://allstatevoluntary.com/fullyinsured/index.php>.

[grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: the [plan](#) at 1-800-323-3049 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes.

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-323-3049.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-323-3049.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-323-3049.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-323-3049.

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) **\$9,200**
- [Specialist coinsurance](#) **0%**
- Hospital (facility) [coinsurance](#) **0%**
- Other [coinsurance](#) **0%**

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

| | |
|---------------------------|-----------------|
| Total Example Cost | \$12,700 |
|---------------------------|-----------------|

In this example, Peg would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$9,200 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$60 |
| The total Peg would pay is | \$9,260 |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) **\$9,200**
- [Specialist coinsurance](#) **0%**
- Hospital (facility) [coinsurance](#) **0%**
- Other [coinsurance](#) **0%**

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$5,600 |
|---------------------------|----------------|

In this example, Joe would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$2,300 |
| Copayments | \$300 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$20 |
| The total Joe would pay is | \$2,620 |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) **\$9,200**
- [Specialist coinsurance](#) **0%**
- Hospital (facility) [coinsurance](#) **0%**
- Other [coinsurance](#) **0%**

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$2,800 |
|---------------------------|----------------|

In this example, Mia would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$2,800 |
| Copayments | \$0 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$2,800 |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.